



# The First Tee Program - 2019

## Program Design

- Class Details
  - Seven-week session
  - Attend one day a week
  - An hour and a half a day
- Program Curriculum
  - Developmentally based, supporting golf skills development and life skills (character) development, such as interpersonal relationships, self-management, goal setting, and resistance skills
- Program Progression
  - The First Tee program is designed for students to move at their own pace. Therefore, some students enroll in the same class for more than one session in order to master the proper skills before moving to the next level.

## Session Schedule

- 1) Jan. 7 – Feb. 23
  - 2) Feb. 25 – April 20
  - 3) April 22 – June 8
  - 4) Aug. 19 – Oct. 5
  - 5) Oct. 14 – Dec. 7
- \* June - August (See Summer Camp Schedule)

## Cost

Target and Certifying Levels: \$50 member / \$75 non-member

*\*Financial Assistance is available due to the generous support of our donors. Applications are available at the YMCA Par 3 receptionist desk.*

## Private Lessons

Looking for your child to develop additional golf skills and get one on one instruction? Inquire about our Private Lessons.

	Member	Non Member
½ Hr.	\$20	\$30
Hour	\$30	\$40

## Tournaments

Looking for your child to play in junior golf tournaments? We run and operate our own junior Golf Tour, the Central Florida Junior Golf Tour. For more information visit:

<http://www.ymcawcf.org/programs/central-florida-junior-golf-tour/>

## Introduction Classes

### Target (Introduction for 6-7 year olds)

This level is designed to introduce youth to the game of golf while making it fun. Students may use the "SNAG" (Starting New at Golf) equipment designed by The First Tee to help encourage early success.

**Monday or Thursday**

**5:30pm-7:00pm**

## Certification Classes

### PLAYer (Required min. age 8)

This is the first certification level of The First Tee program. All students, ages 8 and older, begin at the PLAYer level, where they are introduced to basic golf swing fundamentals on the golf course!

**Monday, Tuesday or Thursday**

**5:30pm-7:00pm**

**Saturday**

**9:00am-10:30am**

### Par (Suggested min. age 10)

The Par level is the second certification level. Students who have successfully completed the PLAYer level will be exposed to rules of the game, formats of play, etiquette and traditions of the game.

**Tuesday or Thursday**

**5:30pm-7:00pm**

**Saturday**

**9:00am-10:30am**

### Birdie (Suggested min. age 12)

The Birdie level is designed for the more advanced junior golfer who has completed the Par level. Students will focus on the skills and strategies necessary for tournament golf.

**Monday or Tuesday**

**5:30pm-7:00pm**

### Eagle (Required min. age 14)

The Eagle level is the most advanced level of The First Tee program. Eagle is designed to prepare students and give a better understanding for competitive tournaments and leagues.

**Class day and time TBD based on participation.**